

Recommended Literature (All books present in the Library)

It is best to start with *Anthology I*, for it gives a selection of the most important excerpts of the texts listed below. It can be found in our library or bought in our store.

OVERVIEW OF THE BUDDHIST PATH

- Introductory Lectures, by Hakuun Yasutani. In: Three Pillars of Zen: Teaching, Practice and Enlightenment, by Philip Kapleau (Anchor Books, 35th Anniversary Ed., 1989) – Some of these lectures are included in the first Anthology.
- Eight Beliefs in Buddhism, by Hakuun Yasutani – Out of print, but included in the first Anthology.
- The Undying Lamp of Zen: The Testament of Zen Master Torei, by Torei Enji; translated by Thomas Cleary (Shambala, 2010).
- The Compass of Zen, by Seung Sahn, edited by Hyon Gak (Shambala, 1997).
- The Profound Treasury of the Ocean of Dharma, Vol.1: The Path of Individual Liberation, Vol.2: The Bodhisattva Path of Wisdom and Compassion, Vol.3: The Tantric Path of Indestructible Wakefulness, by Chogyam Trungpa (Shambhala, 2013)
- The Way to Buddhahood, by Venerable Yin-shun; translated by Dr. Wing H. Yeung (Wisdom, 1998).
- The Jewel Ornament of Liberation: The Wish-fulfilling Gem of the Noble Teachings, by sGampopa; edited by Ani K. Trinlay Chödrön, translated by Khenchen Konchog Gyaltsen Rinpoche (Snow Lion, 1998).
- The Great Treatise on the Stages of the Path of Enlightenment (three volumes), by Tsong-kha-pa; edited by Joshua Cutler & Guy Newland, translated by Lamrim Chenmo Translation Committee (Snow Lion, 2000).

MAEZUMI ROSHI, GENPO ROSHI AND TENKEI ROSHI

- Appreciate your life: The Essence of Zen Practice, by Taizan Maezumi (Shambala, 2002).
- Teaching of the Great Mountain: Zen Talks, by Taizan Maezumi (Tuttle, 2001).
- On Zen Practice: Body, Breath and Mind, by Taizan Maezumi & Bernie Glassman (Wisdom, 1999).

- The Hazy Moon of Enlightenment, by Taizan Maezumi & Bernie Glassman (Wisdom, Rev. Ed., 2007).
- The Eye Never Sleeps: Striking to the Heart of Zen, by Genpo Merzel (Shambala, 1991).
- Beyond Sanity and Madness: The Way of Zen Master Dogen, by Genpo Merzel (Tuttle, 1994).
- 24/7 Dharma: Impermanence, No-Self Nirvana, by Genpo Merzel (Tuttle, 2001).
- The Path of the Human Being: Zen Teachings on the Bodhisattva Way, by Genpo Merzel (Shambala, 2005).
- Big Mind – Big Heart: Finding Your Way, by Genpo Merzel (Big Mind Publ., 2007).
- Timeless Calling, Timely Response, by Tenkei Roshi (Zen River Temple, 2020)

OTHER SUCCESSORS IN THE WHITE PLUM LINEAGE:

- Jizo Bodhisattva: Guardian of Children, Travelers, and Other Voyagers , by Jan Chozen Bays (Shambala, 2003).
- The Way of Zen, by Tenshin Fletcher & David Scott (Thomas Dunne Books, 2002).
- Instructions to the Cook: A Zen Master's Lessons in Living a Life That Matters, by Bernie Glassman & Rick Fields (Harmony, 1997).
- Bearing Witness: A Zen Master's Lessons in Making Peace Hardcover, by Tetsugen Glassman (Harmony, 1998).
- Infinite Circle: Teachings in Zen, by Bernie Glassman (Shambala, 2002).
- The Eight Gates of Zen: A Program of Zen Training, by John Daido Looi (Shambala, 2002).
- The Heart of Being: Moral and Ethical Teachings of Zen Buddhism, by John Daido Looi (Dharma Publ., 2009).
- Two Arrows Meeting in Mid-Air: The Zen Koan, by Daido Looi (Tuttle, 1994).
- The Nine-Headed Dragon River: Zen Journals 1969–1982 , by Peter Matthiessen (Shambala, 1998).
- The Great Heart Way: How To Heal Your Life and Find Self-Fulfillment, by Ilia Shinko Wick & Gerry Shishin Perez (Wisdom, 2006).

RELATED CONTEMPORARY TEACHERS:

- Taking the Path of Zen, by Robert Aitken (North Point, 1982).
- Everyday Zen: Love & Work, by Charlotte Joko Beck (HarperOne, 1989).
- Sit: Zen Teachings of Master Taisen Deshimaru, edited by Philippe (Hohm, 1996).
- Three Pillars of Zen: Teaching, Practice and Enlightenment, by Philip Kapleau (Anchor Books, 35th Anniversary Ed., 1989)
- Returning to Silence, by Dainin Katagiri (Shambala 1988).
- You Have to Say Something, by Dainin Katagiri (Shambala, 2000).
- Each Moment is the Universe, by Dainin Katagiri (Shambala, 2008).
- The Compass of Zen, by Seung Sahn, edited by Hyon Gak (Shambala, 1997).
- The Essence of Zen: The Teachings of Sekkei Harada, translated and edited by Daigaku Rummé (Wisdom, 2008).
- Hoofprints of the Ox, by Sheng Yen (Oxford University Press, 2001).
- Attaining the Way: A Guide to the Practice of Chan Buddhism, Sheng Yen (Shambala, 2006).
- A Flower Does Not Talk, by Zenkei Shibayama (Tuttle, 1970).
- Golden Wind: Zen Talks, by Eido Shimano; edited by Janis Levine (Japan Publ., 1979).
- Points of Departure: Zen Buddhism With a Rinzai View, by Eido Shimano (Tuttle, 1992).
- The Way of Korean Zen, by Kusan Sunim (Weatherhill, 2009).
- Zen Mind, Beginners Mind, by Shunryu Suzuki (Weatherhill, 1972).
- Branching Streams Flow In The Darkness: Zen Talks on the Sandokai, by Shunryu Suzuki (University of California Press, 1999).
- From the Zen Kitchen to Enlightenment: Refining Your Life, by Kosho Uchiyama (Weatherhill, 1983).

DOGEN ZENJI:

- Shobogenzo (four volumes), translated by Gudo Nishijima & Chodo Cross (Dogen Sangha, 1994).
- Treasury of the True Dharma Eye: Zen Master Dogen's Shobo Genzo, edited by Kazuaki Tanahashi (Shambala, 2010).
- Shobogenzo-zuimonki: Sayings of Eihei Dogen Zenji, edited by Koun Ejo, translated by Shohaku Okumura (Kyoto Soto Zen Centre, 1987).
- Shinji Shobogenzo. 301 Koan Stories, translated by Gudo Nishijima (Windbell, 2003).
- Dogen's Extensive Record: A Translation of the Eihei Koroku, translated by Taigen Dan Leighton & Shohaku Okumura (Wisdom, 2004).

- Dogen's Pure Standards for the Zen Community: A Translation of the Eihei Shingi, translated by Taigen Daniel Leighton & Shohaku Okumura (State University of New York Press, 1996).
- Enlightenment Unfolds: The Essential Teachings of Zen Master Dogen, edited by Kazuaki Tanahashi (Shambala, 2000).
- Moon in a Dewdrop: Writings of Zen Master Dogen, edited by Kazuaki Tanahashi (San Francisco Zen Center, 1985).
- Dogen's Genjo Koan: Three Commentaries, translations and commentaries by Nishiari Bokusan, Shohaku Okamura, Shunryu Suzuki, Kosho Uchiyama, Sojun Mel Weitsman, Kazuaki Tanahashi & Dairyu Michael Wenger (Counterpoint, 2011).

DOGEN STUDIES:

- How to Raise an Ox: Zen Practice as Taught in Master Dogen's Shobogenzo, translated and edited by Francis Dojun Cook (Wisdom, 1999).
- Did Dogen Go To China? What He Wrote and When He Wrote It by Steve Heine (Oxford University Press, 2006).
- Eihei Dogen, Mystical Realist, by Hee-Jin Kim (Wisdom, 2000).
- Dogen on Meditation and Thinking: A Reflection on His View of Zen, by Hee-Jin Kim (State University of New York Press, 2006).
- Dogen's Formative Years in China, by Takashi James Kodera (Prajna Press, 1980).
- The Wholehearted Way: A translation of Eihei Dogen's 'Bendowa'; With Commentary by Kosho Uchiyama Roshi; translated by Shohaku Okumura & Taigen Daniel Leighton (Tuttle, 1997).
- Visions of Awakening Space and Time: Dogen and the Lotus Sutra, by Taigen Dan Leighton (Oxford University Press, 2007).
- How to Cook Your Life, by Kosho Uchiyama (Shambala, 2005).
- Flowers Fall: A Commentary on Zen Master Dogen's Genjokoan, by Hakuun Yasutani (Shambala, 1996).

SELECTED OLD MASTERS:

- Bankei Zen: Translations from the Record of Bankei, edited by Yoshito Hakeda, translated by Peter Haskel (Grove Press, 1994).
- The Unborn: The Life and Teachings of Zen Master Bankei, 1622–1693, translated by Norman Waddell (North Point, 1984).
- Mud & Water: The Teachings of Zen Master Bassui, translated by Arthur Braverman (Wisdom, 1997).

- The Zen Teaching of Bodhidharma, translated by Red Pine (North Point, 1989).
- Stopping and Seeing, A comprehensive Course in Buddhist Meditation, Chi-i, translated by Thomas Cleary (Shambala, 1997).
- Tracing Back the Radiance: Chinul's Korean Way of Zen, translated by Robert E. Buswell (Kuroda Institute, 1991).
- The Essential Teachings of Zen Master Hakuin, translated by Norman Waddell (Shambala, 1994).
- The Zen Master Hakuin, translated by Philip Yampolsky (Columbia University Press, 1973).
- Cultivating the Empty Field: The Silent Illumination of Zen Master Hongzhi, by Daniel Taigen Leighton (North Point, 1991).
- The Zen Teaching of Huang Po: On the Transmission of Mind, translated by John Blofeld (Grove Press, 1958).
- The Zen Teaching of Hui Hai on Sudden Illumination, translated by John Blofeld (Rider, 1962).
- The Recorded Sayings of Zen Master Joshu, translated by James Green (Shambala, 2001).
- The Recorded Sayings of Layman P'ang, translated by Ruth Fuller Sasaki, Yoshitaka Iriya & Dana R. Fraser (Weatherhill, 1973).
- The Record of Rinzai, translated by Irmgard Schloegl (The Buddhist Society, 1975).
- The Record of Linji (Rinzai), translation and commentary by Ruth Fuller Sasaki, edited by Thomas Yuho Kirchner (University of Hawaii Press, 2009).
- Dialogues in a Dream (Muchu Mondo), by Muso Soseki, translated and annotated by Thomas Yuho Kirchner with Fukazawa Yukio (Tenryu-ji Institute for Philosophy and Religion, 2010).
- The Undying Lamp of Zen, by Torei, translated by Thomas Cleary (Shambala, 1994).
- Tsung-Mi and the Sinification of Buddhism, by Peter Gregory (University of Hawaii Press, 2002).
- Master Yunmen: From the Record of the Chan Master "Gate of the Clouds (Ummon), edited by Urs App (Kodansha, 1994).
- Yongming Yanshou's Conception of Chan in the Zongjing lu: A Special Transmission Within the Scriptures, by Albert Weller (Oxford University Press, 2011)
- Zen Letters, Teachings of Yuanwu (Engo), by J.C. Cleary & Thomas Cleary (Shambala, 2001).

KOAN COLLECTIONS:

- The Gateless Barrier. Zen Comments on the Mumonkan, by Zenkei Shibayama (Shambala, 2000).
- Two Zen Classics: Mumonkan & Hegikanroku, translated by Katsuki Sekida (Weatherhill, 1996).
- Secrets of the Blue Cliff Record. Zen Comments by Hakuin and Tenkei, translated by Thomas Cleary (Shambala, 2000).
- The Book of Serenity (Shoyoroku), translated by Thomas Cleary (Shambala, 2005).
- The Book of Equanimity (Shoyoroku): Illuminating Classic Zen Koans, translated by Gerry Shishin Wick (Wisdom, 2005).
- Transmission of Light: Zen in the Art of Enlightenment by Zen Master Keizan (Denkoroku), translated by Thomas Cleary (Shambala, 2002).
- The Zen Koan: Its History and Use in Rinzai Zen, (Including Tozan's Five Ranks); by Isshu Miura & Ruth Fuller Sasaki (Harcourt Brace & Company, 1993).

SUTRAS:

- The Flower Ornament Scripture, A Translation of the Avatamsaka Sutra, translated by Thomas Cleary (Shambala, 1993).
- In the Buddha's Words. An Anthology of Discourses from the Pali Canon, edited and introduced by Bhikkhu Bodhi (Wisdom, 2005).
- The First Discourse of the Buddha, by Rewata Dhamma (Wisdom, 1997).
- The Dhammapada, translated by Gill Fronsdal (Shambala, 2005).
- The Diamond Sutra & The Sutra of Hui Neng, translated by A.F. Price and Wong Mou-Lan (Shambala, 1990).
- The Diamond Sutra, The Perfection of Wisdom, translated by Red Pine (Counterpoint, 2001).
- Lankavatara Sutra: A Mahayana Text, translated by D.T.Suzuki (Motilal Banarsidass, 1999).
- The Lankavatara Sutra: A Zen Text, translation and commentary by Red Pine (Counterpoint, 2012).
- The Lotus Sutra, translated by Burton Watson (Columbia University Press, 1993).
- The Perfection of Wisdom. In Eight Thousand Lines & Its Verse Summary, translated by Edward Conze (City Lights, 1973).
- Mother of the Buddhas: Meditation on the Prajnaparamita Sutra, selected by Lex Hixon (Quest, 1993).
- The Surangama Sutra, with commentary by Ven. Hsuan Hua (Buddhist Text Translation Society, 2009).

- The Awakening of Faith, attributed to Ashvagosha, translated by Yoshito S. Hakeda (Columbia University Press, 1967).
- Complete Enlightenment: Zen Comments on the Sutra of Complete Enlightenment, translated and commented by Master Sheng-Yen (Dharma Drum, 1997).
- Vimalakirti Nirdeśa Sutra, translated by Charles Luk (Shambala, 1990).
- A Guide to the Bodhisattva Way of Life (Bodhicaryavatara), by Shantideva; translated by Vesna A. Wallace & B. Alan Wallace (Snow Lion, 1997).

ZEN GENERAL:

- Soto Zen in Medieval Japan, by William Bodiford (Kuroda Institute, 1993).
- Crooked Cucumber; The Life and Zen Teaching of Shunryu Suzuki, by David Chadwick (Broadway, 1999).
- Thank You and OK!: An American Zen Failure in Japan, by David Chadwick (Penguin, 1994).
- Original Teachings of Chan Buddhism, by Chang Chung-Yuan (Random House, 1971).
- Timeless Spring, A Soto Zen Anthology, edited and translated by Thomas Cleary (Weatherhill, 1980).
- Zen Ritual: Studies of Zen Buddhist Theory in Practice, edited by Steven Heine & Dale S. Wright (Oxford University Press, 2007).
- Zen Skin, Zen Marrow: Will the Real Zen Buddhism Please Stand Up?, by Steven Heine (Oxford University Press, 2008).
- The Living Buddha by Daisaku Ikeda; translated by Burton Watson (Weatherhill, 1996).
- Pure Heart, Enlightened Mind: The Zen Journal and Letters of Maura "Soshin" O'Halloran, by Maura Soshin O'Halloran (Tuttle, 1994).
- The Elements of Zen, by David Scott & Tony Doubleday (Element, 1992).
- Essays in Zen Buddhism (three volumes), by D.T. Suzuki (Munshiram Manoharlal, 2000).
- Zen and Japanese Culture, by D.T. Suzuki (Princeton University Press, 1959).
- The Golden Age of Zen: Zen Masters of the T'ang Dynasty, by John C.H. Wu (World Wisdom, 2003).

TIBETAN BUDDHISM:

- The Tibetan Book of the Dead: The Great Liberation Through Hearing In The Bardo, by Francesca Fremantle & Chögyam Trungpa (Shambala, 2000).
- The Jewel Ornament of Liberation, by sGampopa; translated by Herbert V. Guenther (Shambala, 2001).
- Tibetan Book of Living and Dying, by Sogyal Rinpoche (Rider & Co., 1996).
- Awakening the Buddha Within. Tibetan Wisdom for the Western World, by Surya Das (Broadway, 1997).
- Mind at Ease: Self-Liberation through Mahamudra Meditation, by Traleg Kyabgon (Shambala, 2003).
- Cutting Through Spiritual Materialism, by Chögyam Trungpa (Shambala, 1973).
- The Myth of Freedom, and the Way of Meditation, by Chögyam Trungpa (Shambala, 1976).
- Journey without Goal: The Tantric Wisdom of the Buddha, by Chögyam Trungpa (Shambala, 1981).
- The Flight of the Garuda: The Dzogchen Tradition of Tibetan Buddhism, translated by Keith Dowman (Wisdom, 2003).
- The Great Treatise On The Stages Of The Path To Enlightenment (Lam Rim Chen Mo, three volumes), by Tsong-kha-pa, translated by the Lam-rim Chenmo Translation Committee (Snow Lion, 2002).

BUDDHISM GENERAL:

- How the Swans Came to the Lake. A Narrative History of Buddhism in America, by Rick Fields (Shambala, 1992).
- Bodhisattva Archetypes: Classic Buddhist Guides to Awakening and Their Modern Expression (new title: "Faces of Compassion), by Taigen Daniel Leighton (Penguin, 1998).
- The Emptiness of Emptiness: An Introduction to Early Indian Madhyamka, by C.W. Huntington (University of Hawaii Press, 1992).
- What the Buddha Taught, by Walpola Rahula (Grove Press, Rev. Ed., 1974)
- The Monk and the Philosopher: A Father and Son Discuss the Meaning of Life, by Jean-Francois Revel & Matthieu Ricard (Schocken, 2000).
- A Concise History of Buddhism, by Andrew Skilton (Windhorse, 1995).
- The Buddhist Handbook: A Complete Guide to Buddhist Teaching and Practice, John Snelling (Rider & Co., 2nd Ed., 1998).

- The Shambhala Dictionary of Buddhism and Zen, translated by Michael H. Kohn (Shambhala, 1991).

WESTERN MYSTICS:

- The Cloud of Unknowing, edited by William Johnston (Image Books, 1973)
- No Man Is an Island, by Thomas Merton (The Abbey of Our Lady of Gethsemani, 1955).
- A Deeper Love: An Introduction to Centering Prayer, by Elisabeth Smith & Joseph Chalmers (Bloomsbury Academic, 1999).
- Original Blessing, by Matthew Fox (Bear & Company, 1983).
- The Gospel According to Jesus: A New Translation and Guide to His Essential Teachings for Believers and Unbelievers, translated by Stephen Mitchell (HarperCollins, 1991).

SPIRITUAL PSYCHOLOGY:

- Compassion in Action. Setting Out on the Path of Service, by Ram Dass & Mirabai Blish (Bell Tower, 1988).
- Thoughts Without a Thinker, by Mark Epstein (BasicBooks, 1995).
- Emotional Intelligence: Why It Can Matter More Than IQ, by Daniel Goleman (Bantam, 1995).
- Wherever You Go There You Are. Mindfulness Meditation in Everyday Life, by Jon Kabat-Zinn (Hyperion, 1994).
- Happiness: A Guide to Developing Life's Most Important Skill, by Matthieu Ricard (Little, Brown & Co., 2006).
- The Healing Power of the Past: A New Approach to Healing Family Wounds, by Bertold Ulsamer (Underwood, 2005).
- Toward a Psychology of Awakening: Buddhism, Psychotherapy, and the Path of Personal and Spiritual Transformation, by John Welwood (Shambhala, 2000).

